



# Is there any hope of reducing obesity?

**Presented by James O. Hill, Ph.D.**

*Executive Director, Anschutz Health & Wellness Center  
Anschutz Professor of Pediatrics, Medicine, and Physiology & Biophysics  
University of Colorado, Anschutz Medical Campus*



James O. Hill, Ph.D. is the Founding Executive Director of the Anschutz Health and Wellness Center at the University of Colorado. He is the Anschutz Professor of Pediatrics, Medicine and Physiology & Biophysics. He holds a Ph.D. degree from the University of New Hampshire in Physiological Psychology. Dr. Hill is a cofounder of the National Weight Control Registry, a registry of individuals who have been successful in maintenance of a reduced body weight. He is co-founder of America on the Move, a national weight gain prevention initiative that aims to inspire Americans to make small changes in how much they eat and how much they move to prevent weight gain. He is the author of the Step Diet Book (2004) and State of Slim (2013).

Presentation will be followed by a discussion led by a panel of experts:

**Kristine A. Madsen, MD, MPH**

*Assistant Professor, Joint Medical Program and Public Health, UCB*

**Lorrene Richie, PhD, RD**

*Director of the New UC Nutrition Policy Institute*

**Janet Wojcicki, PhD, MPH**

*Assistant Professor of Pediatrics, UCSF*

**Tuesday, March 18th**

**12pm - 1:30pm**

**Laurel Heights, Conference Room 474**

*Co-Sponsored by the Stress, Environment, and Weight (SEW) Center and the*

*Center for Health and Community.*

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