



Fall 2008 - Spring 2009 COAST Seminar Series
UCSF Laurel Heights Campus, Conference Room 474, 12-1:30pm

Please bring lunch, light refreshments will be provided

This year, the COAST seminars at Laurel Heights are focused on supporting the development of novel and translational obesity research, particularly on the theme of SES, stress, and food behaviors, through a discussion oriented setting.

- September 19th** **Obesity as a Risk Factor For Dementia:
Findings from Population-Based Studies**
Rachel Whitmer, PhD
Research Scientist
Kaiser Permanente, Northern California
- October 17th** **Weight as a Risk Factor for Incidence and Prognosis of
Breast Cancer**
Bette Caan, Dr PH
Senior Research Scientist
Kaiser Permanente Northern California
- November 21st** **Measurements of Stress, Cortisol, and Food Insecurity**
Elissa Epel, PhD
Associate Professor, Psychology, Co-Director, COAST
University California at San Francisco
Barbara Laraia, PhD, MPH, RD
Assistant Professor, Department of Medicine, Co-Director, COAST
University California at San Francisco
- December – No Seminar**
- January 16th** **Alcohol and Smoking Addiction: Similarities to Food
Dependence?**
Laura Schmidt, PhD, MPH, MSW
Assistant Adjunct Professor
University California at San Francisco
Timothy C. Durazzo, PhD
Assistant Adjunct Professor
Center for Imaging of Neurodegenerative Diseases
San Francisco VA Medical Center
Discussant: Rob Lustig, MD
Professor of Clinical Pediatrics, Division of Endocrinology
Director of the Weight Assessment for Teen and Child Health Program
University California at San Francisco



University of California
San Francisco



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- February 27th** **2009 Mary Dallman Symposium:**
Stress, Gestational Weight, and Implications for the Life Course
Keynote Speaker: Pathik Wadhwa, MD, PhD
Barbara Abrams, DrPH, RD
Barbara Laraia, PhD, MPH, RD
Janet King, PhD
Naomi Stotland, MD
Janet Wojcicki, PhD, MPH
- March 20th** **Is Excess Body Weight Associated with Functionally**
Significant Brain Changes?
please note special date **Stefan Gazdzinski, PhD**
Associate Research Specialist, SFVAMC
University California at San Francisco
- April 24th** **Beverage Intake, Obesity, and Metabolic Syndrome**
Jodi Stookey, PhD
Assistant Staff Scientist
Children's Hospital & Research Center Oakland
- May 15th** **Hypothalamic PI3K Signaling and Energy Balance**
James Warne, PhD
University California at San Francisco

UCSF COAST Mission The mission of UCSF's Center for Obesity Assessment, Study and Treatment (COAST) is to reduce the prevalence and adverse consequences of obesity. We seek to advance knowledge and understanding of the mechanisms by which stress influences obesity, and to develop effective interventions.

Working in interdisciplinary teams, we investigate the influence of psychosocial stressors on metabolism, eating behavior and nutrition, physical activity, fat distribution, and weight gain trajectories throughout the life course of diverse populations. We test translational research concepts spanning basic science, epidemiologic, and intervention studies, which include measurement and analysis of food and physical activity environments.

COAST researchers are developing and implementing innovative strategies for achieving optimal weight status. We also provide technical expertise in the measurements of dietary intake, eating behaviors, and multiple dimensions of stress (environmental, socioeconomic, psychosocial, and physiological).



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